

erotic bliss: 20 ideas for keeping things new

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This is a jumping off point. Use your imagination to come up with more ways you can create a sense of adventure and mystery.

1. Buy an erotic sex deck and pull one card per week. Act out what's on the card.
2. Use Priceline and book a hotel room (near the airport is usually cheap). Whether it's for a few hours or overnight, leave the world behind and treat yourselves to some distraction-free sexy time.
3. Have your partner pick out some sexy undies or a sexy tie for you from a Pinterest board or online store. Buy them and surprise them.
4. Watch an erotic film or porn together. Act out what you see on screen.
5. Find sexy questionnaires and answer a few questions each time you have date night. You may surprise each other with new thoughts and fantasies.
6. Get flirty in public - whisper something naughty or unexpected in your partner's ear when you're at the grocery store or waiting for a table at dinner.
7. Use sexy notes (handwritten or via text/email) to build anticipation before date night. Tell each other with explicit detail what you'd like to do.
8. Turn off the lights, light a few candles, put on some sexy music, and slow dance.
9. Schedule a sexy evening, but take penetrative sex off the table. See how creative you can get with your hands and mouths. Make out like teenagers. Rediscover each other without the pressure of performing.

10. Read erotica to each other. Each of you does a little research and finds a story you find super sexy. Take turns sharing the story and see where it leads.
11. Try something new in the bedroom - add a blindfold or wrist restraints or dirty talk.
12. Create fantasy personas and act them out in public. Act like you don't know each other and are picking each other up at a bar.
13. Take a shower together and soap each other up without using your hands.
14. Recreate your sexiest date, but incorporate a new twist to the evening (this helps to avoid expectations of having the exact same experience, which sets you up for disappointment).
15. Go to an erotic boutique and pick something out together.
16. Create urgency by making out in the bathroom at a dinner party or putting your hands under each others clothes in an elevator between floors.
17. Surprise your sweetie with a sexy lapdance at an unexpected time. Laugh at how awkward and silly you feel. Do it anyway. Tease them. Seduce yourself and let them watch.
18. Share your super secret fantasy and then verbally act it out in the bedroom. Love imagining an orgy? Talk about all the other people in the room as your partner touches you.
19. Take a class together, preferably erotic or sexy, but anything where you're outside your comfort zone and learning something new together. Allow the tension and the newness to let you rediscover each other.
20. Come up with a code word for your favorite sex act, then work that word into normal conversations with your partner in public. Inside jokes are fun, flirty, and have that delightful element of surprise. "I had a banana for breakfast. When was the last time you had a banana? Do you cut the bruises off your bananas? I may make some banana bread this weekend. That's bananas!"

So there you have it. Twenty erotic, sexy suggestions for you to try out.

Aim for one per week, and continue adding your own ideas as you try some of these out.

The key is to find ways to see your partner with new eyes as often as possible. Let them surprise you with things you never knew. Introduce an element of danger or thrill. Do things separately, and then share lurid details when you come back together.

Remember - the goal is not intimacy with this practice. It's erotic desire.